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5520 Wyoming Boulevard NE • Albuquerque, NM
505-332-0565 • jccabq.org

The Ronald Gardenswartz Jewish Community Center
of Greater Albuquerque



The Chile Paper

ISSUE NO.6

JUNE 2008

Designer Home Showcase Events

Start with one \$2.2 million Scott Patrick Home, mix in six of the state's foremost interior designers, stir in three exciting events, and top it off with three fabulous cooking classes. Tours will be available Thursdays through Sundays until June 28th. Opportunities will be available to purchase BIG TICKET raffle tickets as well as tickets for bundled raffle prizes. All proceeds from the month-long extravaganza will go towards children's scholarships, programs, and services.

Cooking Classes

June 12th, 6pm - Four Classic Italian Pasta Recipes by Vivace

June 18th, 6pm - A Four Course Italian Dinner by Vivace

Saturday, June 21st, 6:30pm

Fashion Runway '08

Fabulous Fashion Show featuring Hollywood Designer Karla Kay-Steen. Divatinis and Diva Delights will be served. A true runway show, tickets are limited. Call early. Wear your favorite runway ensemble! Tickets \$55. Sponsored by Diva D'luxe.

Saturday, June 28th, 6pm, CLOSING EVENT

Bluegrass & BBQ

featuring Swinggrass playing Swing, Bluegrass & Jazz

The JCC Big Ticket Raffle Drawing and the Bundled Raffle Drawing. Mouth-watering BBQ Dinner. Don't miss this fun-filled closing event! Casual dress. Tickets \$10.

For tickets and more information log on the jccabq.org or call Peggy at 348-4450.

**Celebrate the "Summertime Fun"
at the JCC Annual Meeting
Tuesday, June 17, 2008, 6:30 PM**

Slate of Officers:

Meryl Manning Segel: President
completing year 2 of term

To be installed June 17th.

VP/Board Development: Paula Schwartz
VP/Financial Development: Mimi

Efroymsen

VP/Building and Grounds: Terry Levine

VP/Strategic Planning: Art Gardenswartz

Secretary : Talia Freedman

Treasurer : John Sandager

President Elect : Marci Powers

1 year term to '09

Diane Chodorow, Seth Gardenswartz, Shelley Koffler, John Lastra, Michael Linver, Eric Maxon, Michel Messeca, Debra Wechter Friedman

2 year term to '10

Vince Baca, Pauline Eisenstadt, Larry Lubar, Eddy Mindlin, Julia Seligman, Valerie Steele

3 year term to 2011

Scott Allen, Bruce Cherrin, Bob Epstein, Kim Feinberg, Linda Fisher, Leba Pierce, Beverly Rogoff, Elisa Simon

Special thanks to those going off the Board: Phil Kaplan, Estelle Rosenblum

RSVP required. Please RSVP by June 12 by calling 348-4463.

Congrats Sarah!

Working at the JCC has its privileges, just ask **Sarah Katz**, assistant to CEO Jay Jacobs. Sarah has worked for the JCC for a couple of years. She also started working out at that time but had difficulty because she was facing ligament replacement and knee cap alignment surgery. Her workouts consisted of pilates, elliptical training, and spinning once a week. Once Sarah had the surgery, it was time to start the rehab program, she had to learn to walk again. She was able to do part of her rehabilitation right here at the JCC.

In May, 2007, she enrolled in the Body-for-LIFE program. She made amazing gains, recovering from surgery with increased strength, stamina, and range of motion. Her eating habits changed dramatically and have become a way of life. Sarah noted that she learned how to fuel her body to get the most from it by keeping her blood sugar steady throughout the day.

One of the benefits of working for the JCC is that health and fitness is encouraged daily. When Sarah is not assisting Jay, you can find her Spinning, doing Boot Camp and Muscle Kick classes. Since she started working for the JCC, Sarah has dropped from a size 10 to a size 4. ("WOW"!!!)

Sarah's greatest lesson learned is that you don't need to be obsessed with numbers on the scale, it won't show how fit you are. What is important is how you feel. The fact that she is stronger, leaner, and able to shop for smaller sizes is just icing on the cake (low cal, of course).

Now Sarah is starting a new chapter in her life, becoming a wife to Chris Suski, and stepmom to Randall, age 5. We wish her all the best!

By Lolly Villanueva

PARENT WORK DAY AT the FEC

Three generations- grandparents **Dorothy and Jerry Etheridge**, along with daughter and son-in-law **Jenn and John Reams** and grandchildren **Mikey and Jerry Reams** worked together to build a garden path leading to the mini-orchard, greenhouse and wildflower garden in the Family Enrichment Center playground. The wheelbarrows and rakes were kept busy working, but there was time for wheelbarrow rides too.

The hardworking crew of family members included **Teresa McCord, Page Pegram** and Administrative Assistant **Taressa Chavez** also. Together this amazing group built a small hill (later to be planted with native grasses), roto-tilled an amazingly compacted patch of earth for the children's vegetable garden, dug a trench to outline the perimeter of a house grown from sunflowers, and completed fencing and mulch flooring for the sunflower house...And took the winter cover off our greenhouse so we can plant tomatoes.

Thank you VERY MUCH for all your time and dedication. The Family Enrichment Center could not be the great place for children that it is without you!

Janet Stewart, Early Childhood Director



Jerry Etheridge and John Reams get the ground ready to plant a wildflower garden at the Family Enrichment Center playground

HAPPY 60TH BIRTHDAY, ISRAEL

Over 200 attended the celebration, including kids, families, Jews, non-Jews, members/nonmembers, seniors, singles. Once again SSDS outdid itself with its total transformation of its school to a virtual Israel. Each child began by arriving at Ben Gurion airport, receiving an Israeli flag. They proceeded to learn about the regions of Israel and participate in art projects as well as transacting with the Shouk merchants.

Meanwhile, adults viewed a three part DVD with the help of 3-D glasses. **Cantor Finn** led the standing crowd in the song Hatikvah, the national anthem of Israel. This was followed by a festive hour of singing and dancing, and cake eating.

The Jewish Federation of NM not only co-sponsored the event but helped with resources and getting the word out to the community.

I just want to take a moment to acknowledge the JCC maintenance and membership teams who chipped in to making the Israel celebration a successful event!!!

by Phyllis Wolf, Program Director

Members in the News



Dr. Todd Eisenstadt and **Dr. Mireya Salis Eisenstadt** have both been approved for tenure at American University. He teaches at the School of Public Affairs and she teaches at the School of International Affairs. They have two daughters; **Natalie**, 9 years old and **Paola**, 4 years old. They are the son and daughter-in-law of **Pauline and Mel Eisenstadt** and everyone is very happy with the good news.

A Taste of Honey 2009

Invites Proposals for Workshops

Phyllis Wolf, Program Director at Albuquerque's Jewish Community Center (JCC), is preparing for "A Taste of Honey", scheduled for Sunday, February 8, 2009. This will be sixth ATOH program, according to Wolf. She explains: "Our steering committee has begun its work to build on the very successful 2009 program.

"A Taste of Honey" (ATOH) is the annual social, cultural and educational event that provides an opportunity to savor Jewish life at its best. It brings together all of the New Mexico community to explore Judaism and the Jewish experience. In 2009, the committee is looking to expand the program by offering courses geared toward the issues and needs of young families, singles, gays and non-Jews.

Kathryn Weil, Head of School of Solomon Schechter Day School of Albuquerque, chairs ATOH for 2009. Buoyed by overwhelming positive feedback from more than 300 attendees in 2008, Weil plans to include programs on Talmud, Klezmer, Jewish wit, and physical/spiritual activities.

"We invite members of the statewide Jewish community to submit proposals for mini-course workshops. We want to appeal to a diverse audience with stimulating and novel topics. We've found so many talented presenters in our midst; we want to continue to offer their knowledge and passion through ATOH workshops." Weil adds, "Of course, we welcome sponsorships to support this statewide education effort, and make it affordable for anyone who wants to come."

For additional information, or to make a tax-deductible donation, contact Phyllis Wolf at 505-348-4500 or phyllisw@jccabq.org. "A Taste of Honey" is a beneficiary of the Jewish Federation of New Mexico.

What to Include in the Proposal

(a downloadable pdf is available at the JCC website: jccabq.org)

Email submissions are preferred.

Name(s) of presenter or co-presenter

Name of the course and description in 50-150 words.

Do the attendees need to have any skills or knowledge?

Will you have any handouts Yes ____ No ____

Which of the four worlds (physical, emotional, intellectual and spiritual) or what target group (young families, seniors, singles, etc.) does this workshop address?

What presentation styles (e.g. lecture, participatory) will you utilize?

Have you presented at a previous "A Taste of Honey" program? If so, what year(s) and on what topic(s)?

Include mailing address, telephone, e-mail.

Include your qualifications for presenting this workshop.

Acknowledgement that presenting at ATOH is a volunteer activity, without remuneration or cost reimbursement.

Send (preferably by email) proposals or suggestions for a presenter to: Phyllis Wolf, Program Director, Jewish Community Center, 5520 Wyoming Blvd. NE, Albuquerque, NM 87109, or e-mail to phyllisw@jccabq.org by Aug. 15.

Then & Now



Harold and Shirley Gardenswartz have been involved with the JCC... long before it became a reality. Today, the Ronald Gardenswartz Jewish Community Center is not just a reality, but a vibrant, thriving and ever growing, community center – open to everyone! Membership is at an all-time high as well as many programs and services at full capacity. We have the entire Gardenswartz family to thank – especially Harold and Shirley who have helped lead the way. Todah Rabah – Thank you! (Pictured 1: **Art, Sonya, Shirley and Harold** at a JCC Annual Meeting. Picture 2: The Gardenswartz Family celebrating Harold's 91 birthday.

Photo courtesy of Kyle Zimmerman Photography.)

By Morris Albert, Director of Development & Special Projects

A Letter from Jay Jacobs, CEO

The word is wow. It is wow because we can not thank you enough for the way you are making use of our program and services. Just in the past month we have seen over 200 people celebrate Israel Independence Day at the "J," over 700 family members and friends attend Membership Appreciation Day, our summer camp program is at capacity and the response to and usage of the new fitness equipment has been phenomenal. Thank you, it is appreciated!

It is Designer Home and Big Ticket Raffle Month. The "Home" is incredible so be sure to check it out and the raffle (\$100/ticket) has terrific prizes (Lexus Lease, trips, big screen T.V.'s, cash options) and the proceeds help support our kids in terms of scholarships, programs and services. Ticket sales are limited to 1500.

The JCC's New Mexico Humanitarian Awards Dinner scheduled for August 21 is going to be a wonderful evening. The award selections are completed and will be announced soon. It is an amazing group of winners.

The J's annual meeting is set for the evening of June 17. With a theme of "Summertime Fun" we promise a much different type of annual meeting, so be sure to join in on the "fun" that evening.

And finally, as always thank you for being a part of the "J" family. Our goal is to exceed your expectations each and every time you come to the building. Please let us know how we are doing.

Have a great day, Jay

Mount Everest Spin



On Thursday evening, May 8, 2008, twenty-four spinners joined together to ride the specialty Mt. Everest Spin. It was a challenging two-hour strength ride set to a wide range of motivating music. Participants enjoyed the experience as they climbed together sweating to Springsteen, Timberlake, and the Kinks. Topping off the adventure with a shared snack of delicious cookies, chocolate covered strawberries, and tangelos was a much-deserved decadent treat.

If you are an enthusiastic spin class participant and missed this ride, never fear. There will be many more specialty rides to come, including more two-hour rides, holiday spins, and even the ultimate three-hour event. These longer rides are an attainable, yet ambitious, goal that every spinner should try to participate in. During these longer rides, most riders find that the energy and excitement flowing through the room inspires them through the experience making time elapse quickly. If this interests you watch for flyers announcing specialty classes, and sign-up in the spin room with any instructor.

by Lisa Brown

Upcoming JCC Programs

- June 12, 2008 6pm: Designer Home Cooking Class
- June 15, 2008 8am: Father's Day 5K Run
- June 18, 2008 6pm: Designer Home Cooking Class
- June 21, 2008 6:30pm: Designer Home Fashion Runway '08
- June 22, 2008 8am: Triathlon
- June 28, 2008 6pm: Designer Home Bluegrass & BBQ

The JCC is a beneficiary agency of the Jewish Federation of New Mexico



JCC of Greater Albuquerque
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