

**Pool Schedule August 22-September 4
Competition Pool**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am-6:30pm	6am-9:00am 4pm-8pm	6am-9:00am 4pm-8pm	6am-9:00am 4pm-8pm	6am-9:00am 4pm-8pm	6am-9:00am	8am-6:30pm
Adult Lap 8am-12:00 pm	Adult Lap 6am-9am	Adult Lap 6am-9am	Adult Lap 6am-9am	Adult Lap 6am-9am	Adult Lap 6am-9am	Open Swim 8am-6:30pm
Learn-to-Swim 9am-12:00pm <i>*Ends August 28th</i>						
Open Swim 12:00pm-6:30pm	Pool Closed 9am-4pm	Pool Closed 9am-4pm	Pool Closed 9am-4pm	Pool Closed 9am-4pm	Pool Closed 9am-6pm	Have your pool parties here! Call Debbie 348-4501
Lap swim is always available to our members except during Swim Team Practice and Masters Swim	Open Swim 4pm-4:30pm	Learn-to-Swim 4pm-6:30pm	Open Swim 4pm-4:30pm	Learn-to-Swim 4pm-6:30pm		
	Water Polo 4:30pm-6pm <i>*Register August 27 11:30-12:30pm</i>	Open Swim 4pm-8pm	Water Polo 4:30pm-6pm <i>*Register August 27 11:30-12:30pm</i>	Open Swim 4pm-8pm	Sign up for JCC Water Polo today!	
	Open Swim 6pm-8pm		Open Swim 6pm-8pm			

Therapy Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 8am-9am	Open Swim 6am-9am	Open Swim 6am-9am	Open Swim 6am-9am	Open Swim 6am-9am	Open Swim 6am-9am	Open Swim 8am-6:30pm
Learn-to-Swim 9am-12pm <i>*Ends August 28th</i>	Pool Closed 9am-4pm	Pool Closed 9am-4pm	Pool Closed 9am-4pm	Pool Closed 9am-4pm	Pool Closed 9am-6pm	Try our dynamic and fun Aquaerobics class. Free to members only.
Open Swim 12:00pm-6:30pm	Open Swim 4pm-8:00pm	Learn-to-Swim 4pm-6:30pm	Open Swim 4pm-8:00pm	Learn-to-Swim 4pm-6:30pm		
		Open Swim 6pm-8:00pm		Open Swim 6pm-8:00pm		
	<p align="center">Learn-To-Swim at the JCC!</p> <p align="center">For more information about our swim lessons go to www.jccabq.org or call Liz Reid, Swim Lessons Coordinator at 348-4497 or email aquatics@jccabq.org</p>					