

Abe and Sophia Cohen Gymnasium

Effective March 1, 2010

Ronald Gardenswartz Jewish Community Center of Greater Albuquerque

5520 Wyoming Blvd NE - Albuquerque - NM 87109

505-332-0565

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:30-9:30 a.m.	Open Gym 5:30-9:30 a.m.	Kettlebells 6:00-7:00 am 1/2 Gym	Open Gym 5:30-9:30	Open Gym 5:30-9:30 a.m.	Open Gym 7am-8am	Open Gym 7-9 a.m. Full Gym
TRX 9:30-10:30 am 1/2 Gym	Boot Camp 9:30-10:30 p.m. Full Gym	<i>Open Gym</i> 7:00-10:00am	Kettlebells 9:00-10:00 p.m. 1/2 Gym	Back to Babes 11-12 1/2 Gym	TRX Class 8am-9am 1/2 Gym	Indoor Soccer 9-12 Full Gym
Open Gym 10:30-1:30 Full Gym	Open Gym 10:30-1:30 Full Gym	F.E.C. P.E 10:00-11:45a.m. Full Gym	Open Gym 10:00-1:30 Full Gym		Open Gym 9 am-7 pm 1/2 Gym	Youth classes 12:00-1:00 p.m. Full Gym
Schechter P.E. 1:30-3:30 p.m. Full gym	Schechter P.E. 1:30-3:30 p.m. Full gym	Open Gym 12:00-1:30 Full Gym	Schechter P.E. 1:30-3:30 p.m. Full gym		1/2 Gym Volley- ball 8 am-7	Volleyball 1:00-400 p.m. Half Gym
Open Gym 3:30-5:30 p.m. 1/2 gym	Open Gym 3:30-5:30 p.m. 1/2 gym	Schechter P.E. 1:30-3:30 p.m. Full gym	Open Gym 3:30-5:45 p.m. 1/2 gym			Open Gym 4:00- 5:30 p.m. Full Gym
Sandia Volleyball 6-10 Full Gym	Member Pick-up B-ball 4:00-7:00 p.m. Full gym	Volleyball 4:00-6:00 p.m. 1/2 Gym	Volleyball 4:00-6:00 1/2 Gym			Open Gym 5:00 - 7:00 p.m. Half Gym
		Gym Reserved For League 6:00-10:00 p.m. Full Gym	*Gym Reserved For League* 6:00-10:00 p.m. Full Gym			
		Gym Reserved For League 7:00-10:00 p.m. Full Gym				
Gymnasium Closed 10:00 p.m.	Gymnasium Closed 10:00 p.m.	Gymnasium Closed 10:00 p.m.	Gymnasium Closed 10:00 p.m.	Gymnasium Closed 5:00 p.m.	Gymnasium Closed 7:00 p.m.	Gymnasium Closed 7:00 p.m.

Please Note:

Please do not enter the Gymnasium when there are Physical Education classes in session.

There will be Leagues in the gym on Monday, Tuesday, Wednesday & Thursday evenings (check schedule)

Please do not bring any hard balls (baseballs, lacrosse balls, softballs, etc) into our gymnasium. This can create an unsafe environment for others. Thank You.

The JCC reserves the right to make changes to the schedule without notice.